Sustaining translational research

Haifa 2019



I IIII IIII IIII KING'S HEALTH PARTNERS

Pioneering better health for all

Robert Lechler

A biomedical and health science revolution



'Omics explosion



Gene editing & replacement



Stratified/precision medicine



Cancer immunotherapy



Insights into biology of psychiatric disease



Digital technology

Experimental medicine

"In the last 50 years we have been given all the tools we need in order to bring the investigations to ourselves" Sydney Brenner



Major challenges remain:

- No new psychiatric drugs for 30 years
- No effective treatment for dementia
- No new class of antibiotics for 30 years (except Teixobactin)
- No success in promoting tissue regeneration *in situ*
- The pandemic of obesity marches on

Keys to accelerating translation

- Maintaining a balanced science base
- Fostering university healthcare partnerships
- Establishing a sustainable healthcare system
- Fostering partnerships with industry
- Attracting the most able scientists, clinical and non-clinical, into biomedical research careers
- Building the infrastructure for "experimental medicine"
- Anticipating the evolution of healthcare the digital revolution
- Effective public engagement

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Changes in Research Activity 2004-2014



Working in partnership. Changing cultures. Igniting our potential

Biomedical science: is curiosity-driven research an unaffordable luxury?



"Cutting off fundamental, curiosity-driven science is like eating the seed corn. We may have a little more to eat next winter but what will we plant so we and our children will have enough to get through the winters to come?" Carl Sagan

Curiosity-driven research leads to unexpected impact

- Nuclear magnetic resonance clear that Nobel Prize Winners Bloch & Purcell had no idea of the possibility of MRI
- Transistors viewed as "lab curiosities" with no practical use
- Taq polymerase and GFP essential experimental tools
- John Beckwith isolated the first gene from E. coli in 1970 simply to see if it could be done. Following this achievement he warned against the dangers of genetic engineering!

DONALD STOKES - CATEGORIES OF RESEARCH USE-INSPIRED PURE BASIC BASIC RESEARCH YES RESEARCH BOHR PASTEUR QUEST FOR FUNDAMENTAL UNDERSTANDING PURE APPLIED NO RESEARCH EDISON NO YES 1 PRACTICAL USE

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diversity...!

Impact in a clinical academic environment

• Culture: "line of sight" from discovery to application



- Close relationships with "users" of research: NHS, patients, business, cultural industries, MoD...
- Specific partnerships with pharma, biotech, medtech
- Policy impact important (e.g. alcohol)

The Academic Health Science Centre model

- Continuum of research from discovery science, through experimental medicine, to clinical trials and health services research
- Scientific "push" linked to clinical "pull"
- Shared infrastructure: Biomedical Research Centres, Clinical Research Networks
- Current evidence suggests that there is an association between the engagement of individuals and healthcare organisations in research and improvements in healthcare performance (Boaz A BMJ Open 2015)

Francis Crick Institute



Another discovery science institute...?



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Universities and their hospital partner in the UK have drifted apart in recent years



the target and management culture of the NHS



The REF's emphasis on basic science



intense financial pressures





Academic Health Sciences Centres



King's Health Partners: Excellence, breadth and scale



36,000 staff; turnover of £3.7bn p.a.

The three hypotheses underlying King's Health Partners



Increase in quality and impact on population health

The picture today (dog's breakfast)



Clinical:academic institutes to deliver excellence



The Geography of Cartesian Dualism...



The challenge

- 30% patients with long term conditions are depressed
- 60% patients referred to a cardiologist with chest pain have nothing wrong with their heart
- Patients with long term serious mental illness die 17 years prematurely

I IIII IIII IIII KING'S HEALTH PARTNERS

IMPARTS clinics across King's Health Partners:

Integrating Mental & Physical healthcare: Research, Training & Services

Depression is a common condition for patients with physical illnesses – for example, affecting 23% of rheumatology patients.

Anxiety is similarly common, for example affecting 21% of orthopaedics patients.

- > 74,433 screenings completed.
- Available in 58 outpatient clinics across King's Health Partners.

Integrating Mental & Physical healthcare: Research, Training & Services

BRAIN HEAD Multiple Sclerosis Stroke Cranioplasty Headache Facial Nerve Rhinology Facial Trauma Special Care Dentistry LUNGS Orthodontics TMJ Pain Chronic Obstructive Pulmonary Disease Balance Chronic Cough Cystic Fibrosis HEART Interstitial Lung Disease Congenital Heart Disease Sarcoidosis Endocarditis Heart Failure **KIDNEYS** JOINTS Living Donor Rheumatology Renal Review Renal Support DIGESTION Coeliac HANDS Inflammatory Bowel Disease Hand Therapy Liver SKIN LEGS Eczema Psoriasis Limb Reconstruction Hidradenitis Suppurativa Vulvodynia OTHER SERVICES Diabetes Oncology ICU follow up Rapid Access Diagnostic Medical Obesity Clinic Muscular Skeletal Sickle Cell Physiotherapy

Benefits of university-NHS partnerships



Clinical trials performance

All three of our trusts continually increase their year-on-year levels of clinical research studies, and are among the highest recruiting organisations in the country.

NIHR Research Activity League Table: acute trusts

Trust name \$	Type \$	Local network 🝦	Number of studies recruiting 2014/15	Number of studies recruiting 2015/16	Percentage change _‡	Participants in studies 2014/15	Participants in studies 2015/16	Percentage change
GUY'S AND ST THOMAS' NHS FOUNDATION TRUST	Acute	South London	459	494 2nd	7.6%	23187	27813 1st	20.0%
OXFORD UNIVERSITY HOSPITALS NHS FOUNDATION TRUST	Acute	Thames Valley and South Midlands	411	463	12.7%	17827	21169	18.7%
UNIVERSITY HOSPITAL SOUTHAMPTON NHS FOUNDATION TRUST	Acute	Wessex	385	391	1.6%	20759	20939	0.9%
KING'S COLLEGE HOSPITAL NHS FOUNDATION TRUST	Acute	South London	311	337 11th	8.4%	12520	14776 4th	18.0%

NIHR Research Activity League Table: mental health trusts

Trust name \$	Туре	Local network _{\$}	Number of studies recruiting 2014/15	Number of studies recruiting 2015/16	Percentage change _‡	Participants in studies 2014/15	Participants in studies 2015/16	Percentage change
SOUTH LONDON AND MAUDSLEY NHS FOUNDATION TRUST	Mental Health	South London	91	94 1st	3.3%	2717	2527 3rd	-7.0%
MANCHESTER MENTAL HEALTH AND SOCIAL CARE TRUST	Mental Health	Greater Manchester	42	52	23.8%	933	1187	27.2%
OXFORD HEALTH NHS FOUNDATION TRUST	Mental Health	Thames Valley and South	40	48	20.0%	2102	2576	22.5%

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Putting Value-based Healthcare into practice

Outcomes that matter to patients, service users and carers

Value =

of achieving those outcomes sources Over the complete pathway of care



Value-based healthcare is the equitable, sustainable and transparent use of the available resources to achieve better outcomes and experiences for every person.

"Defining Value-based Healthcare in the NHS", Hurst L, Mahtani K, Pluddemann A, Lewis S, Harvey K, Briggs A, Boylan A-M, Bajwa R, Haire K, Entwistle A, Handa A, and Heneghan C. CEBM, University of Oxford (April 2019). <u>https://www.cebm.net/2019/04/defining-value-based-healthcare-in-the-nhs/</u>

KHP has a broad programme of work in Value Based Healthcare

A value-driven NHS can only be achieved through sharing and use of outcomes that matter to patients and clinically-meaningful cost information

Outcomes Books





Communications

Outcomes Scorecards





Sharing learning

Calculating Value

	HIGH VALUE PATHWAY
+ve % summed change to outcomes across pathway	
	LOW VALUE PATHWAY
	£ end to end cost of pathway



Vital 5

Categories of value-creating interventions

1. Service reconfiguration

- 2. Pathway redesign
- 3. Frugal innovation

4. Prevention

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A broken model of drug development

Large pharma annual spend c.\$156bn and increasing www.abpi.org.uk/facts-and-figures/science-andinnovation/worldwide-pharmaceutical-company-rd-expenditure/



Only c.26 new molecular entities (drugs) approved by the FDA in 2018 – but 59 including mAbs and advanced therapies

Attrition from phase 1 to market launch ~90%



R&D Productivity Gap



www2.deloitte.com/uk/en/pages/life-sciences-and-healthcare/articles/measuring-return-from-pharmaceutical-innovation.html

New partnership models



Novel collaboration with Medical Research Council gives UK academia access to AstraZeneca compounds

Discovery Partnerships with Academia (DPAc)

University-NHS-Industry interactions



Ways to foster closer collaboration

- More porous boundary between academe and industry
- UG curriculum
- Internships
- Sabbaticals
- Movement as part of an accepted career path (not one-way street)

Success in translation of discovery and innovation into patient benefit depends on partnerships



A tri-partite relationship to deliver a tri-partite mission

*CRO, contract research organization

Collaborative clusters to ensure international competitiveness



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Gender and Equality

Clinical Academics





Non-Clinical Academics



Equality and Diversity



Shortage of women in the professoriate

The best minds from all backgrounds





Mentorship – AMS SUSTAIN programme

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Experimental Medicine Hub in Guy's Tower



Experimental Medicine Infrastructure at St Thomas'



www.guysandstthomasbrc.nihr.ac.uk

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Digital Revolution in Health and Social Care



- Smartphones/apps/monitoring
- Smart pills/implanted devices
- Remote diagnostics (Peek Vision)
- Research data collection



The King's Fund>



Digital Revolution in Health and Social Care



- Connectivity across services and individuals
- Personal ownership of health records
- Patient empowerment



The King's Fund>

Digital Revolution in Health and Social Care



- Machine learning
- Artificial intelligence
- Big data
- Analysis of electronic health records

The King's Fund>

Need to prepare for a radical change in healthcare delivery

Need for new research methodologies, particularly for bringing in non-biomedical sciences

Implications for workforce?

Keys to sustaining success

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Public Engagement

• Engaging the next generation, untapped groups



Need for "permission" from the public to pursue research goals – the tax payer is our funder

 Horizon scanning on future policy issues arising from science – e.g. CRISPR/Cas, stratified medicine



In conclusion:

- Resource discovery science
- Build on AHSC model to create line of sight culture
- Bring academic rigour to healthcare sustainability challenge
- Create more porous boundaries between academe and industry
- Support careers of young scientists
- Address the gender gap
- Invest in key infrastructure for experimental medicine and the digital revolution
- Prioritise public engagement
- Demonstrate economic value of research